

Miriam Spierer

LMSW,

Licensed Psychoanalyst

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As a licensed analyst, trauma-informed therapist, and well trained in multiple modalities, you will find that I'm active and down-to-earth in my therapeutic work. I provide a safe space, create meaningful connections, and foster life-changing growth. I work with adults of all ages, and specialize in individual as well as couples work. I am a fluent Yiddish speaker.

As an attachment-based interventionist, I create an environment that looks at the 'whole' person/couple where we uncover and work with trauma, learn to face fears, and create emotional safety so we can impact meaningful change.

Much of my work focuses on depression, anxiety-specific concerns, personality and mood disorders, as well as relationship issues. I am also highly trained in the area of sex and intimacy and work very often with the frum community in this sensitive and important area of practice. My couples work looks at past patterns and scripts from childhood and in the present time to help understand the 'stuck places' to help you create a secure and trusting marriage/relationship.

Together, we will maximize the best parts of who you are and can be.

I obtained my training at Yeshiva University's Wurzweiler program with a focus on trauma and my post-Doctorate training from the Institute of Contemporary Psychotherapy.

Davidovics Therapy Group | Marcy Davidovics, LCSW