



DBT for Moms

Experiential DBT skills course for busy Moms

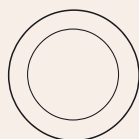
To register
call or text
Shira @
310.630.9869

or email:

shiraaminov2@gmail.com

You will learn:

- How to handle tough parenting moments
- How to care for yourself when no one else will
- How to help your kids handle tough kid moments



**Davidovics
Therapy Group**

with Devora Segall LCSW
Starts Feb 15 , 2022

Morning & Evening Zoom Classes
Now Forming

6 sessions
\$50/session