Feigy Weinstock
LMSW

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Feigy Weinstock, LMSW, is a bilingual Yiddish-speaking, licensed goal-oriented therapist. She specializes in post-traumatic growth, codependency, self-esteem, anxiety and depression. She utilizes a strength based, non-judgmental, personalized treatment approach based on the client's individual needs and personality types. She provides nurturing insight to improve self-awareness and interpersonal communication. Her respect, warmth and camaraderie style are distinct aspects of her that impacts the client in positive ways.

She received her degree from Touro Graduate School of Social Work. She has specialty training in: IFS, Somatic Intervention, DBT, EMDR and more. The combination of modalities and techniques she utilizes helps a person gain what is needed to lead a more productive and serene life.